CITY-WIDE SIGHT-SAVING EVENT -- MAY 1

Protect Your Sight from Glaucoma

The Prevention of Blindness Society of Metropolitan Washington and D.C. Public Library will host the first city-wide glaucoma awareness event on Saturday, May 1 at Martin Luther King, Jr. Memorial Library. A silent disease is stealing the sight of millions of Americans, including people with macular degeneration. It is called “glaucoma,” which slowly reduces eyesight and can cause total blindness. An estimated 2.2 million Americans have glaucoma, and an additional 2 million have the disease and just don’t know it. Groups at higher risk include people with a family history of glaucoma, diabetics, African Americans over age 40, and everyone over age 60, especially Hispanics. Because glaucoma affects the peripheral (or side) vision, it is extremely important for people with macular degeneration (a loss of central vision) to have regular glaucoma screenings to help prevent complete blindness.

In This Issue:
Calendar of Events............3
Celebrating 20 Years
Update on Sibley.............6
Reducing visual impairment due to glaucoma is an objective of Healthy Vision 2010, a comprehensive program for improving the health of our nation. On Saturday, May 1, 2010, from 1 - 3 p.m., the Prevention of Blindness Society of Metropolitan Washington and D.C. Public Library present “Don’t Lose Sight to Glaucoma,” a physician-led lecture, and open question and answer forum. The program will also offer free glaucoma and visual acuity screenings, and a comprehensive array of technology and resource exhibits from 12 - 4 p.m. Refreshments will be provided. Registration is not required. If you require special accommodations, please call the Adaptive Services Division at (202) 727-2142 no later than April 16.
• Tuesday, April 13, 2010
Low Vision Group, “Are Your Eyes What You Eat,” 11 a.m.
Wendy Gasch, M.D.
Washington Hospital Center, National Eye Center
110 Irving Street, NW
Washington, DC 20010
*Free parking sticker. Call (202) 877-6081 to reserve complimentary lunch.*

• Tuesday, April 13, 2010
Low Vision Group, 2 p.m.
Falcon’s Landing
20522 Falcon’s Landing Circle
Potomac Falls, VA 20165

• Wednesday, April 14, 2010
Aging Eye Network, “Don’t Let Droopy Eyelids Steal Your Sight,” 1:15 p.m.
Kevin Perman, M.D.
Holiday Park Multiservice Senior Center
3950 Ferrara Drive
Silver Spring, MD 20906
• Sunday, April 18, 2010
Macular Degeneration Network, “Preview and Forecast: What Eye Stem Cell and Genetic Research Offer in the New Decade,” 2 - 4 p.m.
Richard Garfinkel, M.D., Wai Wong, M.D., Ph.D., and Thomas Johnson
Sibley Memorial Hospital, Ernst Auditorium
5255 Loughboro Road, NW
Washington, DC 20016

• Wednesday, April 21, 2010
Low Vision Group, 10 a.m.
Vinson Hall
6251 Old Dominion Drive
McLean, VA 22101

• Tuesday, April 20, 2010
Vision Support Lunch & Learn, “Better Lighting for Better Sight,” 12:30 - 1:30 p.m.
Learn through open discussion and an instructional DVD about ways to enhance vision!
Friendship Heights Village Center
4433 Southpark Avenue
Chevy Chase, MD 20815
Bring a bag lunch. Beverage and dessert are provided.
Calendar of Events

• Wednesday, April 28, 2010
   “Picture This!,” 1 - 2:30 p.m.
   National Gallery of Art, East Building
   Meet at Information Desk
   4th and Constitution Avenue, NW
   Washington, DC 20565 / (202) 737-4215
   Wheelchairs and assistance are available by calling (202) 234-1010 by March 14.

• Saturday, May 1, 2010
   MAY IS HEALTHY VISION MONTH: CITY-WIDE EVENT
   “Don’t Lose Sight to Glaucoma”
   Medical Update: Are You at Risk? with Andrew Adelson, M.D., and Gregory Butler, M.D., 1 - 3 p.m.
   Free Glaucoma and Visual Acuity Screenings, and Resource and Technology Exhibits, 12 - 4 p.m.
   Martin Luther King, Jr. Memorial Library
   901 G Street, NW
   Washington, DC 20001
   If you require special accommodations, please call the Adaptive Services Division at (202) 727-2142 no later than April 16.
Celebrating 20 Years

The Prevention of Blindness Society of Metropolitan Washington says “Thank You” to Sibley Memorial Hospital

Celebrate 20 years of vision research progress, and Sibley Memorial Hospital’s continuous support of the Macular Degeneration Network’s growing efforts to educate consumers and doctors about the needs of those with macular degeneration. The Prevention of Blindness Society of Metropolitan Washington invites you to help thank Sibley Memorial Hospital at its final meeting in Ernst Auditorium on Sunday, April 18 from 2 - 4 p.m.

Sibley will be taking down Ernst Auditorium to make way for its new state-of-the-art medical facility that will include a new auditorium. It is anticipated that meetings will resume in the new auditorium in 2011. Until then, the Macular Degeneration Network and First Connection Share Group will find a temporary home at Sibley.

For more information on the final meeting event on April 18, please see the event program flier on page 7.

The next Macular Degeneration Network meeting will be on May 22 at 10:30 a.m. at a new temporary location at Sibley Memorial Hospital in Hayes Hall, Conference Room 1.
What Eye Stem Cell and Genetic Research Offer in the New Decade

More on neuroprotective treatments for macular degeneration and clinical achievements from the last decade

Richard A. Garfinkel, M.D.
Former Medical Advisor for Macular Degeneration Network

Wai T. Wong, M.D., Ph.D.
Thomas Johnson
Retina Investigators
National Eye Institute, National Institutes of Health

Sunday, April 18
2 - 4 p.m.

Free to the public. Call (301) 312-3685 for more information.

Sibley Memorial Hospital
Ernst Auditorium
5255 Loughboro Road, NW
Washington, DC 20016
Save the Date

SPECIAL PROGRAM MAY 1: “Don’t Lose Sight to Glaucoma,”
Martin Luther King, Jr. Memorial Library, 12 - 4 p.m.
May 11: Washington Hospital Center, Eye Clinic, 11 a.m.
May 11: Low Vision Group, Falcon’s Landing, 2 p.m.
May 12: Aging Eye Network, Holiday Park Senior Center with Daniel Berinstein, M.D., 1:15 p.m.
May 18: Vision Support Lunch & Learn, Friendship Heights Village Center, 12:30 p.m.
May 19: Low Vision Group, Vinson Hall, 10 a.m.
May 22: Macular Degeneration Network, Sibley Memorial Hospital, Hayes Hall, Conference Room #1, 10:30 a.m.
May 28: “Picture This!,” National Gallery of Art, 1 p.m.

To receive E-mail reminders about upcoming events, please send an E-mail to jheilman@youreyes.org.

Prevention of Blindness Society
Washington, DC 20036
1775 Church Street, NW
of Metropolitan Washington
Handicapped
For the Blind or
FREE MATTER
Return Service Requested